

RICHMOND COUNTY WELLNESS POLICY EVALUATION FORM



School Name: _____

Date of Evaluation: _____

WELLNESS POLICY EVALUATION		
YES	NO	COMPONENT 1: NUTRITION PROMOTION AND EDUCATION
<input type="checkbox"/>	<input type="checkbox"/>	Students receive nutrition education, to include food safety, that is integrated into health education curriculum or core curriculum.
<input type="checkbox"/>	<input type="checkbox"/>	Students receive, to the extent possible, messages regarding nutrition throughout the school environment.
<input type="checkbox"/>	<input type="checkbox"/>	School conducts nutrition education activities and promotions that involve parents, students, teachers, and the community.
<input type="checkbox"/>	<input type="checkbox"/>	School participates in at least one planned Nutrition Promotion event or activity per year. (Example: World School Milk Day in September, National School Lunch Week in October, and many other Nutrition Promotions that are offered throughout the year by Nutrition Services).
<input type="checkbox"/>	<input type="checkbox"/>	The Nutrition Services staff will schedule the cafeteria to serve as a learning lab for nutrition education activities at least once per year (Example: creating Nutrition Advisory Council (NAC) student groups, scheduling taste testing's or kitchen tours, offering nutrition educational flyers/signage in cafeteria, etc.).
<input type="checkbox"/>	<input type="checkbox"/>	Each Nutrition Services manager will supply his/her school's faculty and staff with one nutrition education resource at least once per year via email, morning announcement, or faculty meeting presentation.
<input type="checkbox"/>	<input type="checkbox"/>	Each school will promote the consumption of fresh fruits and vegetables with promotional signage and/or modified and attractive product display at breakfast or lunch at least once per year.
PROGRESS REPORT: <i>Indicate specific wellness practices for Component 1. *Required</i> _____ _____ _____ _____ _____		
YES	NO	COMPONENT 2: PHYSICAL ACTIVITY
<input type="checkbox"/>	<input type="checkbox"/>	Physical activity or recess is not being used as a reward or punishment.
<input type="checkbox"/>	<input type="checkbox"/>	Physical education instruction is included in activities and team sports.
<input type="checkbox"/>	<input type="checkbox"/>	Students participate in periodic fitness assessments.
<input type="checkbox"/>	<input type="checkbox"/>	School environment provides safe and enjoyable physical activities for all students.
<input type="checkbox"/>	<input type="checkbox"/>	School promotes after school physical activities.
<input type="checkbox"/>	<input type="checkbox"/>	Patterns of physical activity are encouraged in students' lives outside of physical education.
<input type="checkbox"/>	<input type="checkbox"/>	School works with families and communities to assist them in incorporating safe physical activity into their lives and community infrastructure, respectively.
<input type="checkbox"/>	<input type="checkbox"/>	School promotes school physical activities at least once per year via signage and/or announcements.

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<input type="checkbox"/>	<input type="checkbox"/>	Physical fitness activities are promoted outside of scheduled physical education or recess time at least once per year (Example: field day, Health M Powers, school-wide scheduled walk, etc.)
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PROGRESS REPORT: *Indicate specific wellness practices for Component 2. *Required*

YES	NO	COMPONENT 3: OTHER SCHOOL BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS
<input type="checkbox"/>	<input type="checkbox"/>	School has a health committee/council for the purpose of evaluating the school environment pertaining to areas addressed in policy and procedures.
<input type="checkbox"/>	<input type="checkbox"/>	School health committee/council develops action steps for the purpose of implementing the policy and procedures.
<input type="checkbox"/>	<input type="checkbox"/>	Teachers and other appropriate school staff are provided with assistance in detecting student health problems that may impact learning and attendance.
<input type="checkbox"/>	<input type="checkbox"/>	School takes reasonable steps to provide a safe, clean and hygienic environment.
<input type="checkbox"/>	<input type="checkbox"/>	School provides information and/or opportunities that promote staff wellness at least once per year (Examples: brochures, newsletter, pamphlets, announcements at staff meetings, health fair, school walk, school garden involvement, classroom-based physical activity breaks for faculty and students, healthy eating program or challenge, etc.)
<input type="checkbox"/>	<input type="checkbox"/>	School provides information and/or opportunities that promote family wellness activities at least once per year (Examples: brochures, newsletter, pamphlets, announcements at PTA meetings, health fair, Parent Day/Grandparent Day healthy celebration at lunch, school walk, healthy eating program or challenge, etc.)

PROGRESS REPORT: *Indicate specific wellness practices for Component 3. *Required*

YES	NO	COMPONENT 4: NUTRITION STANDARDS AND GUIDELINES FOR ALL FOODS AND BEVERAGES AVAILABLE ON CAMPUS DURING THE SCHOOL DAY
<input type="checkbox"/>	<input type="checkbox"/>	School staff does not use foods or beverages as rewards for academic performance or good behavior, particularly those foods with minimal nutrition value.
<input type="checkbox"/>	<input type="checkbox"/>	School prohibits the withholding of food or beverages, including food served through school meals as punishment.
<input type="checkbox"/>	<input type="checkbox"/>	School encourages fundraisers that promote positive health habits.
<input type="checkbox"/>	<input type="checkbox"/>	All food offered to students outside of the School Nutrition Program should meet state and federal nutritional guidelines.

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<input type="checkbox"/>	<input type="checkbox"/>	Only marketing and advertising of food and beverages that meet the Smart Snack in School Nutrition standards are allowed.
<input type="checkbox"/>	<input type="checkbox"/>	Organizations only use non-food items or foods designed for delivery and consumption as fundraisers after school hours.
YES	NO	COMPONENT 5: DEVELOPMENT, IMPLEMENTATION AND PERIODIC EVALUATION OF THE SCHOOL WELLNESS PROGRAM
		<i>System-wide Implementation and Periodic Evaluation</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Superintendent, or designee, is responsible for overseeing the implementation of the Wellness Program and compliance with the Policy.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The Superintendent, or designee, incorporates input on such procedures, goals and evaluation of the Program from a Wellness Committee. Such Committee members may include, but are not limited to: Superintendent, or designee, Local Board Member, School Nutrition Program representative, teachers, parents, community members, health care representatives or other stakeholders.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Committee members will be asked to serve on the committee for at least two (2) years. The Wellness Committee will take nominations for those wishing to serve on the Committee.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The Wellness Committee meets no less than two times per year.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Annually, the Wellness Committee will develop and Evaluation Plan for each Component of the Wellness Program. The Evaluation Plan will identify objectives, information to collect, responsibilities for data collection and the method of analysis.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The Wellness Committee uses the annual Evaluation Results to create action plans for Program improvement and ongoing evaluation priorities.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Evaluation Results and a Triennial Assessment are made available to the public on the System's website.
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The public has an opportunity to provide input regarding development, implementation and periodic review of the policy to the Committee by way of survey on the System's website.
YES	NO	<i>School Level Implementation and Periodic Evaluation</i>
<input type="checkbox"/>	<input type="checkbox"/>	The Principal, or designee, is responsible for overseeing the implementation and compliance of the Wellness Program at the school level, including the oversight of the implementation of goals and conducting the evaluation.
<input type="checkbox"/>	<input type="checkbox"/>	The Principal, or designee, forms and supports a School Health Council. Such School Council members may include, but are not limited to: Principal, or designee, School Nutrition Program representative, teachers, school nurse, parents, community members, health care representatives or other stakeholders.
<input type="checkbox"/>	<input type="checkbox"/>	Council members are asked to make a commitment to serve on the Council for at least two (2) years. At the end of a member's service term, the School Health Council takes nominations for those wishing to serve on the Committee.
<input type="checkbox"/>	<input type="checkbox"/>	The School Health Council meets no less than two times per year.
<input type="checkbox"/>	<input type="checkbox"/>	The School Health Council reviews goals and objectives provided by the System Wellness Committee, as well as methods for measuring Components of the Wellness Program.
<input type="checkbox"/>	<input type="checkbox"/>	Annually, the School Health Council reviews the Evaluation Plan for each Component of the Wellness Program.

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<input type="checkbox"/>	<input type="checkbox"/>	School Council oversees the implementation of the school level evaluation process by collecting such information or data requested by the Wellness Committee and will provide said information when requested by the Wellness Committee.
<input type="checkbox"/>	<input type="checkbox"/>	School Council utilizes the annual Evaluation Results to create action plans for Program improvement and ongoing evaluation priorities on a school level.
<input type="checkbox"/>	<input type="checkbox"/>	School Council provides to the System Wellness Committee such other information relative to the Components or helpful to the implementation or evaluation of the Wellness Program. The School Council may also provide recommendations for implementation, evaluation or revision of the Wellness Program.
<input type="checkbox"/>	<input type="checkbox"/>	School Council data information are provided by the Wellness Committee to the general public.

PROGRESS REPORT: *Indicate school level action plans for program improvement. *Required*

PROGRESS REPORT: *Please provide any recommendations for implementation, evaluation or revision for the District Wellness Program. *Optional*

CONTACT INFORMATION: For more information about this school's Health Council and wellness practices, or for ways to get involved and participate, contact the School Health Council Leader:

Name: _____

Position/Title: _____

Email: _____

Phone: _____

Interested in participating as a member on the Richmond County Wellness Committee? Please see the Wellness Committee Nomination Form and Contact Information on the system's website at <https://www.rcboe.org/Page/60085>

Principal Signature: _____

Date: _____